



Plastic & Hand Surgical Associates
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LASER HAIR REMOVAL

POST TREATMENT CARE

- Gently cleanse the treated area twice a day with a mild cleanser.
- If superficial crusting results post-treatment DO NOT pick. Scarring may result. Gentle cleansing and will remove these.
- Apply aquaphor ointment to the treated area twice a day for up to 1 week as needed.
- Avoid cosmetics for 12 hours.
- Strictly avoid sun exposure to the treated area for 1 month, as this area will be more prone to sunburn.
- Keep the area covered and use SPF 30 applied hourly when unavoidable sun exposure occurs.
- Tylenol or cold compresses/ice can be used for discomfort.
- If the treated area blisters or remains red for more than 5 days, please call us at (207) 775-3446.