



Plastic & Hand Surgical Associates
244 Western Avenue, South Portland, Maine 04106
www.plasticandhand.com Tel. 207-775-3446 Fax 207-879-1646

PHOTODYNAMIC THERAPY POST TREATMENT PROTOCOL

For the first 48 hours you must get NO sun exposure! **Sitting by a window or in a car with the sun on your face will intensify the effects of the treatment and increase the probability of swelling and redness in the skin.** If you go into the sun it will activate the Amino-Levulanic Acid and you will get a more exuberant reaction.

CX 5 Correction cream will be applied immediately after treatment.

Your regimen for the next seven days will be:

AM: Cleanse using gentle cleanser; apply CX5 Correction cream, Apply MD Forte SPF 30.

PM: Gently cleanse using gentle cleanser; apply CX5 Correction Cream.

After your treatment your skin will start to progressively get red for the first 24 hours.

You may resume your regular skin care routine after any peeling or flaking of skin is complete. (Typically 7 days)

If redness or swelling occurs, use a cold compress or ice pack to decrease swelling and redness in the skin.

If your skin is swollen:

**Do Not lie flat when going to bed. Elevate with a few pillows to allow the swelling to drain.

You may experience flaking and peeling from Day 2-7. Do Not pick, rub or scratch skin. Let it come off on its own while gently cleansing.

If bruising occurs it will fade in 7-14 days.

If blistering occurs apply Double antibiotic ointment. If redness or inflammation occurs please call 207-775-3446.