



PHOTODYNAMIC THERAPY

- For the first 48 hours, you must get **NO sun exposure**. Even sitting by a window or in a car with the sun on your face will intensify the effects of the treatment and increase the probability of swelling and redness of your skin.
- For the first seven days after your treatment, follow this skincare routine, **once in the morning and once at night**:
 1. Wash the area with a gentle cleanser.
 2. In the morning, apply CX5 Correction Cream with SPF.
- Makeup may be applied 12 hours after your treatment.
- Peeling or flaking skin is normal and will resolve itself (typically seven days after treatment). At that time, you may resume your regular skincare routine.
- Here's what to do if the following conditions occur:

Blistering. Apply double antibiotic ointment.

Bruising. If this occurs, it will fade in 7 to 14 days.

Flaking and peeling. Resist the urge to pick, scratch, rub or peel since this could cause scarring. Instead, let it come off on its own. Your twice-daily skincare routine will help.

Redness. For the first 24 hours after your treatment, your skin will progressively redden. You may use a cold compress for discomfort, and the redness should resolve over a few days.

Swelling. DO NOT lie flat. Elevate your head and shoulders with a few pillows to allow the swelling to drain. This could potentially last for up to three days.

Discomfort. Use a cold compress or an ice pack and/or take Tylenol as directed on the label.

- If you have questions or concerns, please call (207) 775-3446.