



MICROPEEL PLUS

- For the first seven to ten days after your treatment, follow this skincare routine, **once in the morning and once at night:**

1. Cleanse the area, using a Gentle Cleansing Bar or Toleriane Cleanser.
2. Apply Extra Rich Moisturizer (even acne patients need to use this moisturizer).

- You may apply your usual cosmetics 12 hours after treatment.

- For 10 to 14 days after treatment:

Avoid using masks or exfoliating products or any products containing an acid.

Avoid spending time in the sun. If sun exposure is unavoidable, apply Biomedic Face Shield SPF 20 every two hours.

Avoid wearing tight hats or headbands.

- Here's what to expect after the Micropeel Plus treatment:

For the first few days, you may not notice any changes.

For the first week, your skin will lose its outer dead layer. Depending on your skin type, you may or may not notice any peeling. If you do, it will occur two to four days after your peel and continue for three to five days. **Resist the urge to pick, scratch, rub or peel** since this could cause scarring. Instead, let it come off on its own. Your twice-daily skincare routine will help.

Any peeling that occurs will most likely be localized, with different areas peeling at different times and at different rates.

You may also experience burning, itching, stinging and/or tightness, but usually only during the first two to four days after treatment.

- If you have questions or concerns, please call (207) 775-3446.