



LASER HAIR REDUCTION

- For up to seven days after your treatment, follow this skincare routine, **once in the morning and once at night:**

1. Wash the area with a gentle cleanser.
2. Apply Aquaphor ointment to the treated area

- Avoid using cosmetics on the affected area for the first 12 hours.

- For one month, avoid sun exposure to the treated area because this area is more prone to sunburn. If sun exposure is unavoidable, apply SPF 30 sunscreen every two hours.

- Here's what to do if the following conditions occur:

Blistering. If this condition lasts more than five days, call the number below.

Crusting. If superficial crusting results, resist the urge to pick, scratch, rub or peel since this could cause scarring. Instead, let it come off on its own. Your twice-daily skincare routine will help.

Redness. Use a cold compress or an ice pack. If the redness persists for more than five days, call the number below.

Discomfort. Use a cold compress or an ice pack and/or take Tylenol as directed on the label.

- If you have questions or concerns, please call (207) 775-3446.