



FRAXEL LASER TREATMENT

- New skin will start to form within 24 hours of your treatment, but will remain covered by the epidermis (the outer dead surface layer of skin) for 4-14 days. During the healing phase post-treatment, exfoliation occurs revealing the healed skin tissue. You should avoid direct contact with the sun and wear a sunscreen of at least SPF 30. In addition, a wide-brimmed hat should be worn.

Itching and Dryness: This is common post-treatment and gradually clears. You should never pick, rub or scratch the dead skin. It will gradually come off with regular cleansing. You will be using an Extra Rich Moisturizer post treatment to alleviate the symptoms of itching and dryness. You will use this cream until your skin stops flaking.

Sun Protection: You will be using MD Forte SPF 30 to protect your skin post-treatment. This should be used on a daily basis and reapplied when unavoidable sun exposure is going to occur.

Swelling: Swelling may occur post-treatment and should resolve within a few days following treatment. Ice packs may be used. In addition, elevate with a few pillows while sleeping to help alleviate swelling.

Redness: Redness should improve significantly within a week following your treatment.

Post-treatment skincare:

AM: Gentle cleanser, Extra Rich Moisturizer and MD Forte SPF 30

PM: Gentle cleanser, Extra Rich moisturizer Follow this routine until flaking resolves. Then you may return to your regular skin care routine.

Pain: Ice packs may be used to alleviate discomfort. Benadryl may be used to alleviate itching (the Benadryl should be taken by mouth)

Makeup: Makeup can be applied immediately after the treatment. If possible, we ask that you wait 12 hours before applying makeup. DO NOT use oil-based makeup, as this may clog pores and cause a breakout.

- If you have questions or concerns, please call (207) 775-3446.